

Making Kanban Work

Controlling your time through visualisation

January 2019

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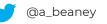


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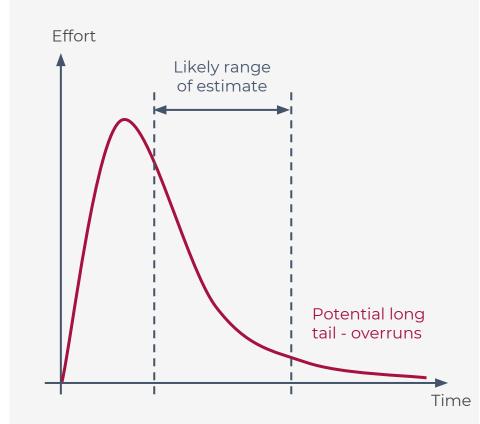


What do **you** want to get out of today?

Does this feel familiar?

Parkinson's Law

- Spend more time on a task, requires less peak effort
- To finish in less time requires greater concentrated effort
- Another effect: "work expands so as to fill the time available for its completion"
- A long tail can kill efficiency so what can you do about this?



Time management

- We seem to be constantly doing something but what exactly?
- Not all our tasks are **the same**
- Not all our tasks are **predictable**
- Not all our demands are **planned**
- And we are online 24/7 to respond to these... or to get **distracted** by these



Time management

"You can't save time. You can only spend it, but you can spend it wisely or foolishly"

— Benjamin Hoff, The Tao of Pooh

"Do not squander time, for that is the stuff life is made of"

— Benjamin Franklin

Phrases and anti-patterns that make this worse

"This is really urgent" "This is really urgent" "Do you have a minute?" "This is really urgent" "Do you have a minute?"

"We need a <u>can-do</u> attitude" "Just make it happen"

"Get it over the line"

We find it really hard to say no...

STOP

Mindfulness - focus on the task in hand

- Golden State Warriors: NBA champions in 2015, 2017 and 2018
- Moreover, they have changed the way the game is played
- Four core principles: joy, mindfulness, compassion, competition
- Mindfulness: focus on the task at hand, not getting distracted by surrounding noise



How can we achieve this?

Traditional workflow

- Organisation pushes work to a team
- Emphasis is on resource utilisation **keeping people busy**
- Can lead to overload and stress
- Which itself can lead to lateness, quality issues, other inefficiencies



Exercise #1

Let's simulate a team trying to deliver customer features... ...using ping pong balls

High utilisation... versus Flow

High utilisation <u>and</u> flow...



or <u>Responsiveness</u>?

Wait states / bottlenecks

- Often, "work in progress" isn't technically in progress but waiting
- This can be part of the workflow, through **dependencies**
- Or it could be due to inefficiencies such as **bottlenecks**
- Tasks spending 85% of time in a waiting state is "normal"
- Tasks spending 60% of time in a waiting state is "good"

Daniel Vacanti, <u>"Actionable Agile Metrics For Predictability: An Introduction"</u> Julia Wester, <u>"Flow Efficiency: A great metric you probably aren't using"</u>



Traditional business models

- Based on manufacturing in factories
- If a worker turns the same handle
 100 times, then the same thing
 will happen >99 times
- The manager wants to see that the team is busy
- The organisation knows / understands the big picture
- The team is only trusted with turning the handle



Breaking the model

- IT isn't quite like that:
 - Some things are repetitive
 - But many tasks are creative problem solving
- IT is **just dissimilar enough** to break this model



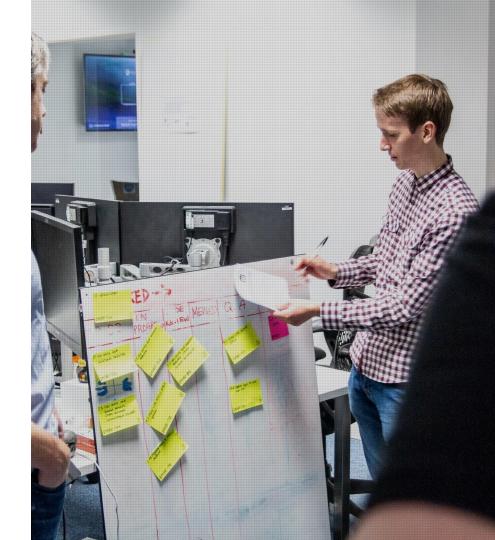
Optimising processes

"A bad system will beat a good person every time"

— Edward Deming

So - change the model!

- Move from organisational push to team pull
- Gives sustainable pace the sweet spot for **flow** and **utilisation**
- Desirable side-effects:
 - Team has control
 - Allows team to flourish with mastery, autonomy and purpose



Exercise #2

Now let's retry delivering customer features (ping pong balls), but this time letting the team pull the work from a to-do list.

What else causes us to be so busy?

"Time thieves"

- Too much Work In Progress (WIP)
- Unknown dependencies
- Unplanned work
- Conflicting priorities
- Neglected work
- Lack of visibility not knowing what is going on





Unknown dependencies

COUVERTURE

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Conflicting priorities



Neglected work

Häe



So, what is it that we need to do?

- Change the model go from organisational push to team pull
- Allow our teams to manage their time and be **mindful** of their work:
 - Focusing on the task at hand
 - Not getting distracted by surrounding noise
- Identify what is stealing time... and how to deal with that





Kanban

A "visual signal"

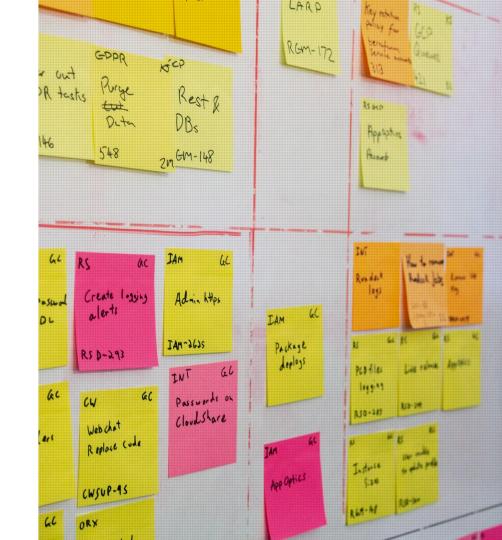


"The aim of Kanban is to make troubles come to the surface"

— Taiichi Ohno

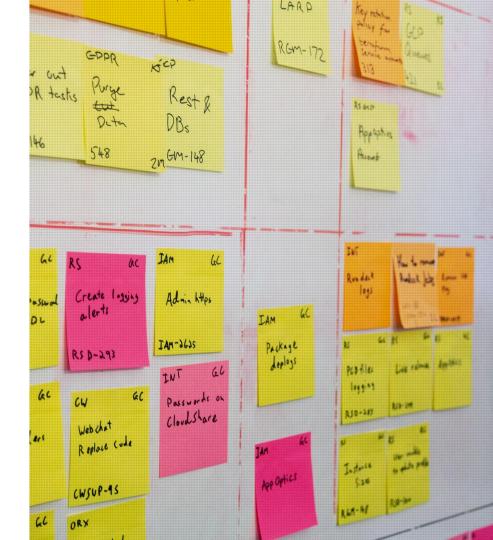
Kanban - overview

- 'Just-in-time' workflow process, originally developed in Japanese automobile factories
- A Kanban board is an effective visual tool for keeping track of projects, which can be adapted to use in a variety of situations
- Kanban allows you to "start from where you are", to identify current issues and make them visual allowing you to improve from there



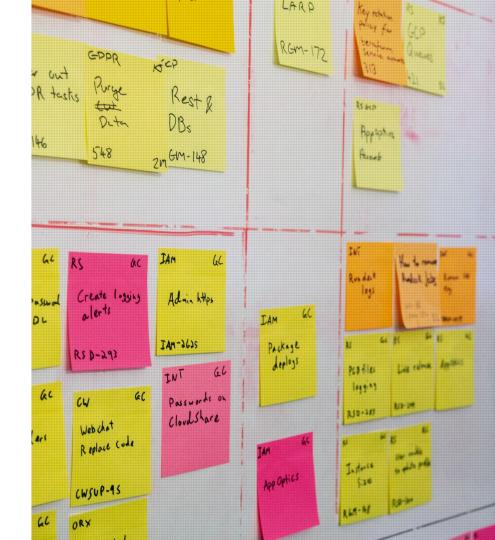
Kanban - principles

- Start with what you do now
- Agree to pursue **evolutionary change**
- Initially use and respect current processes, roles, responsibilities
- Encourage leadership at every level of the organisation, e.g.
 empowered decision-making



Kanban - practices

- Visualise work
- Limit Work in Progress
- Make Policies explicit
- Manage Flow
- Implement feedback loops
- Improvements: collaborative, evolutionary, adapting



Visualise your workflow: basic workflow

To do	In Progress	Done

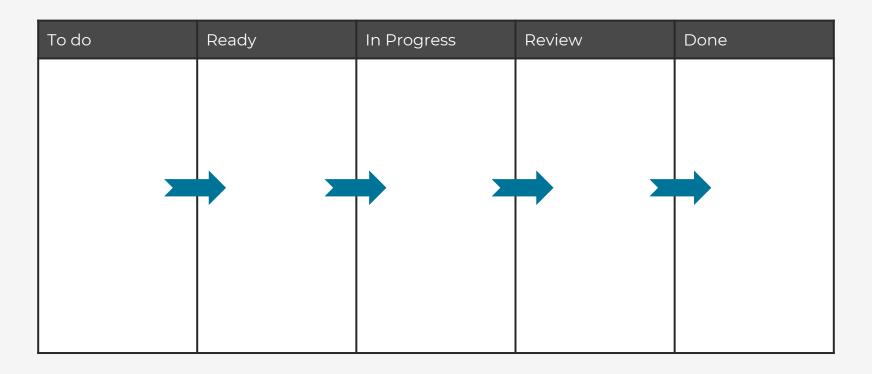
Express tasks as tickets going through a journey to completion: visualise this

Visualise your workflow: tailored workflow

To do	Ready	In Progress	Review	Done

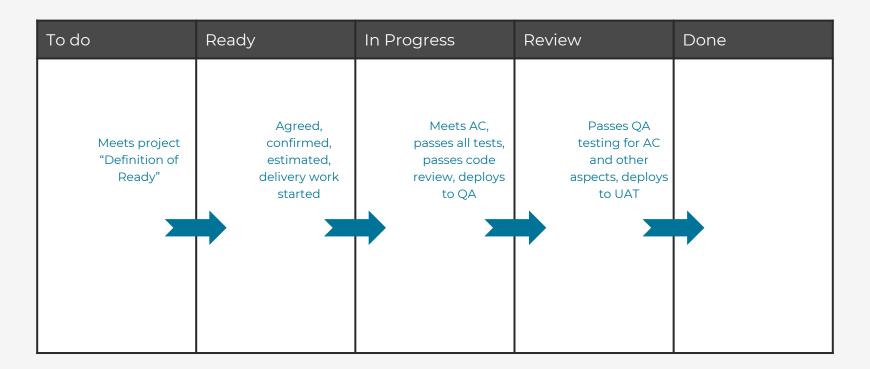
Having columns and transitions shows where work gets blocked or stalled

Set policies and make explicit



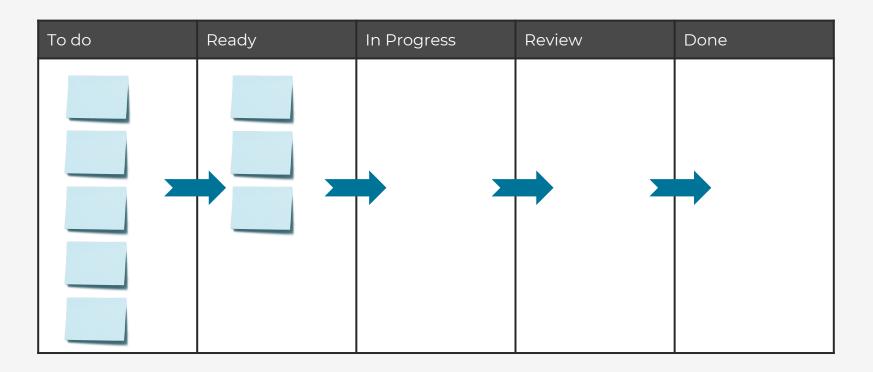
What are the conditions by which a ticket can progress into the next column?

Set policies and make explicit



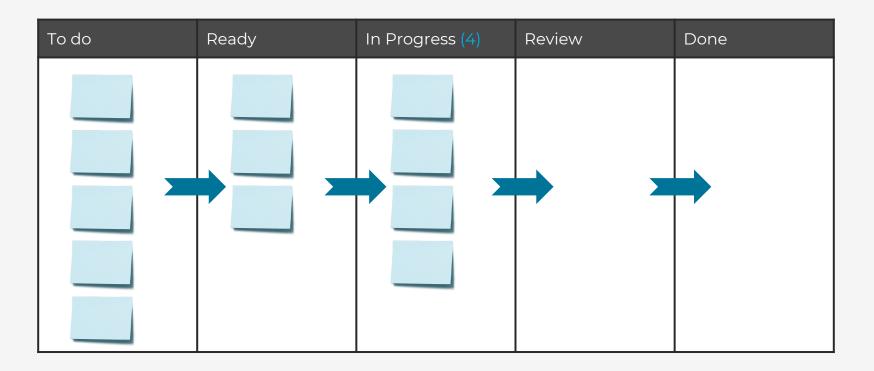
Collaboratively define these within the team, then use them!

Identify tasks - one task per "ticket"



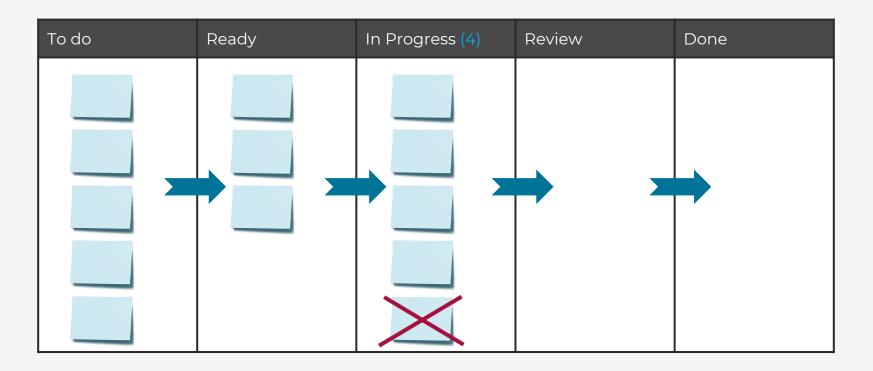
Split tickets into one task per ticket — otherwise tasks can "hide"

Limit Work In Progress - set your WIP limit



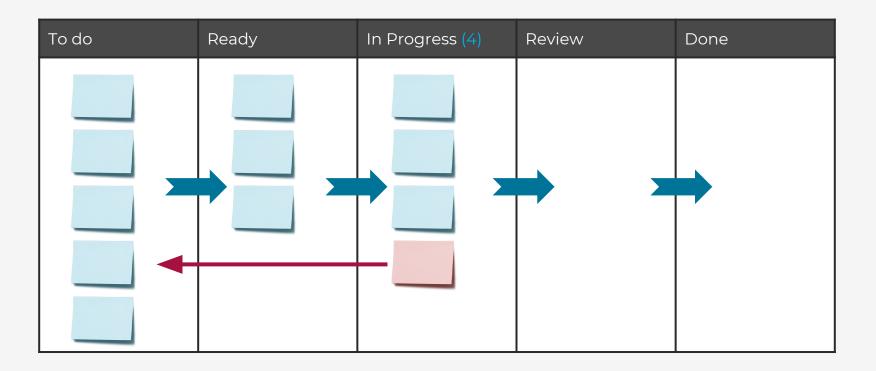
Collaboratively define this within the team, then use it!

Limit Work In Progress - set your WIP limit



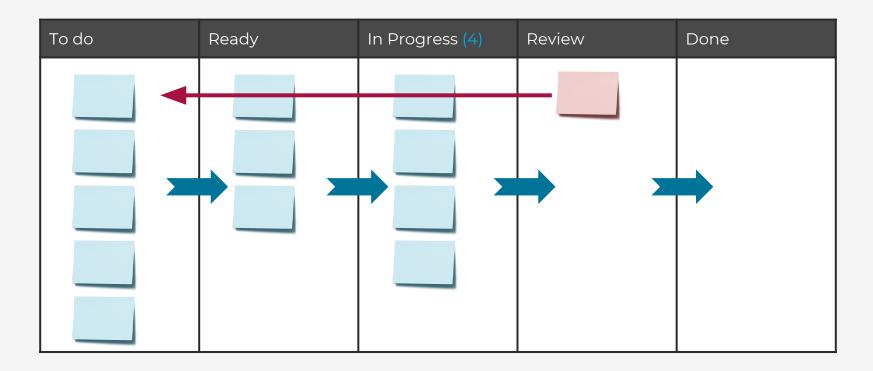
WIP limit hit: stop starting tasks and start finishing them!

Manage flow (e.g. blockers, dependencies)



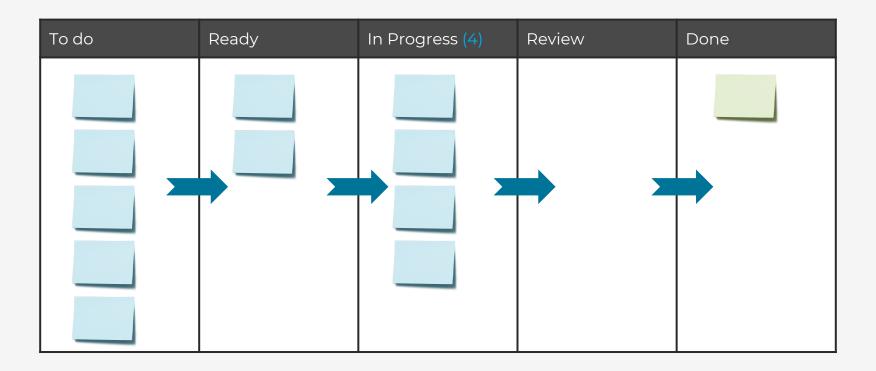
Blocked ticket: back into "To do" until blockage removed. Work to remove blockage

Manage flow (tickets not satisfying set policies/definitions)



Ticket not passed review: back into Backlog for rectification

Implement feedback



Feedback: e.g. tickets into backlogs, process improvements etc. Make this happen!

Exercise #3

Let's take the role of the manager of a takeaway shop. What might a Kanban board look like for the process of making multiple pizzas/burgers at once? What are the transitions?

How to implement Kanban well

- Start with what you know or do now
 - For example, you can start with existing roles and job titles
 - Do not need a "revolutionary adoption"
- Empower your team
 - **Transparency** and **collaboration** encourage collective decisions and responsibility



How to implement Kanban well

- Ensure that there are **iterations** and opportunities for **feedback**
 - Feedback on outputs and use to plan next work
 - Feedback on process:
 incremental and evolutionary
 change to improve



Top tips

- Personalise the process you make the rules!
- Structure your team to have a "shield", e.g. a Product Owner to protect the team from unplanned work
- Combine your Kanban board with a daily stand-up for really powerful visualisation of status and flow

So what?

How Kanban helps: achieve mindfulness

- Mindfulness focusing on the task at hand, not getting distracted by surrounding noise
- Kanban increases focus by reducing multitasking:
 - Limiting WIP
 - Showing and dealing with conflicting priorities



How Kanban helps: manage utilisation / flow

- Helps a self-organising team to organise themselves!
- Visualisation of the flow, tasks and progress
- Shows bottlenecks
- Shows capacity
- Limiting WIP helps encourage delivery and reduce "jams"
- Pull of work maintains utilisation



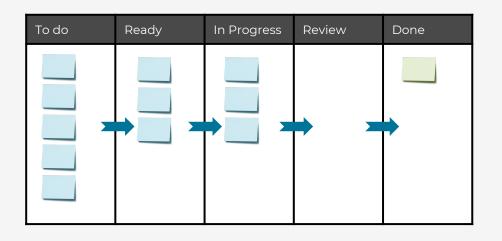
How Kanban helps: beat the "time thieves"

- WIP is limited things get delivered
- Unknown dependencies are surfaced through flow conversations
- Unplanned work is visualised and can become planned in
- Conflicting priorities can be identified from the board / flow conversations
- Neglected work is visualised, enabling decisions to be made
- In fact all work is visualised so the team knows what is going on



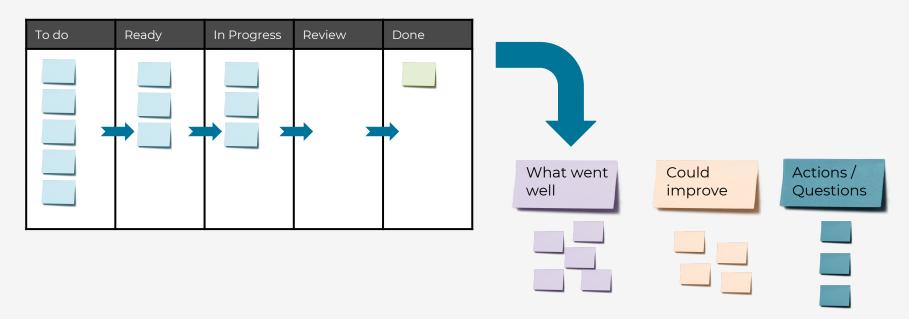
Getting started

Start with where you are now



Observe your current workflow **as it is**. Then split that into states and identify the transitions. Keep running like this for a while, just **visualising what currently goes on**.

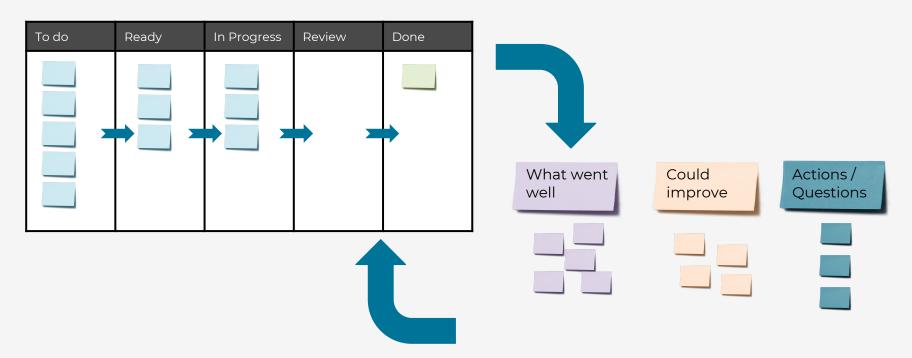
Review your workflow and processes after iteration(s)



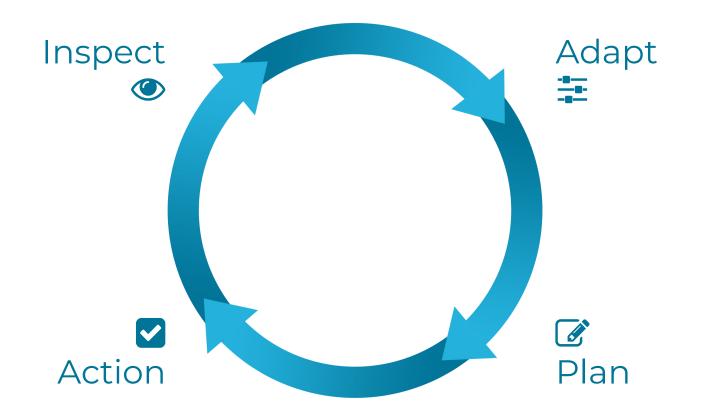
At an appropriate point, e.g. end of an iteration, **reflect on your current process**:

workflow, states and transitions. How would you like this to be? Retrospectives are very useful for this, along with process metrics.

Feed back and improve your processes



Feed these learnings into **revisions of the process**. Adjust the Kanban board and transitions accordingly. Run with these changes and review again.



Because you start with where you are now...

... you can apply Kanban to virtually any situation

Things to watch out for

- Ignoring your WIP limit
- Inappropriate or misunderstood transitions
- Team not updating the board
- "This task is so small, it doesn't need to go on the board"
- "All of our teams must work in the same way"



Playback



You may need Kanban when...

- Members of your team are asking you for status updates
- Members of *other* dependent teams are asking you for status updates
- When urgent issues pull people away from focused or planned efforts
- When everyone feels really busy, but no-one can say exactly why, or justify that work needs to be dropped

How to use Kanban

- Start from where you are
- Define your workflow shared understanding!
- Define your transitions shared understanding!
- Set a limit on Work In Progress and stick to it
- Use the board to manage flow, manage blockers, and open up conversations about the work

How to use Kanban

- Shine a light on your current situation
- Identify, prioritise and implement improvements
- Balance the demands of the business (utilisation) with efficient customer delivery (flow)

Kanban in combinations

- Combine with retrospectives to identify and power improvements
- Bring the board into stand-ups to emphasise delivery and show unplanned work

Join us next time...

"Getting Prioritisation Right" Thursday 14th March, 5:00 - 7:30pm, Box UK HQ

In this next session in our Agile workshop series we'll explore ways to **reduce noise**, **remove distraction** and **ramp up value**, by bringing some order to your backlog.

Exploring practical techniques to validate task priority and support effective planning, this is a must-attend if you're looking to work more effectively and efficiently, while still delivering maximum value.

www.boxuk.com/getting prioritisation-right





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- Post your invite on social using the hashtag **#boxukevent**
- **£50 Amazon voucher** up for grabs!



Thank you!

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